

### Bronx

Beth Abraham Health Services + + Bronx Center for Rehab & HC + + Concourse Rehab & NC + DOJ Health Services + + (vents) Fieldston Lodge Care Center Kings Harbor Multicare Center + + Laconia Nursing Home + Morris Park Nursing Home + Regeis Care Center + Williamsbridge Manor NH +

#### Brooklyn

Brooklyn-Queens NH + Caton Park NH + CNR Healthcare Network + Haym Salomon Home + Marcus Garvey NH Menorah Home & Hosital for the Aged Ruby Weston Manor

#### Manhattan

DeWitt Rehabilitation & Nursing Center + Greater Harlem Nursing Home +

#### Nassau

Belair Care Center + Central Island Healthcare + East Rockaway Prog. CC + + Glen Cove Ctr for Nursing & Rehab + Hempstead Park NH + Marquis Care Center + + South Shore Healthcare + Sunharbor Manor + Woodbury Center for HC

#### Queens

Bezalel Nursing Home + Elmhurst Care Center Haven Manor HCC Highland Care Center + Holliswood Care Center + Horizon Care Center Long Island Care Center + Margaret Tietz Nursing & Rehab. Ctr. New York Center for Rehabilitation + Queens Center for Rehabilitation Rockaway Care Center +

#### Staten Island

Staten Island Care Center + +

#### Suffolk

Advanced Rehab/Care @ Birchwood Gardens Nesconset Nursing Center + St. Johnland Nursing Center (TBI) + Westhampton Care Center

#### Westchester

Cortlandt Healthcare Dumont Masonic Home + Regency Extended CC + Schnurmacher Ctr for Rehab & Nursing + Sutton Park Ctr for Nursing & Rehab.+

#### Legend:

Blue—Ventilator • - Bariatric Beds

or Red—Onsite Hemodialysis eds + Infusion Neil Heyman, CEO

March 2007 — Vol. 6, Issue 3

**The New York Health Care Alliance** is a network of 49 post acute health care facilities providing a continuum of high quality care for patients who need sub-acute care and rehabilitation.

The Direct Link is a patient placement service which provides **Case Managers** and **Discharge Planners** with expert support and direct access to over 12,000 skilled nursing, sub-acute and rehabilitation beds. NYHCA members are contracted with all major health plans.

The patient placement service provided by the New York Health Care Alliance can be accessed by calling: 1-877-HI-NYHCA. PRI's can be faxed to 212-968-7710, ATT: Laura Gargano.



Marcus Garvey Nursing Home Artwork from a resident



#### Nursing Homes have Success Stories Too!

Just imagine you were unable to utilize both upper extremities and required assistance to initiate simple tasks such as putting on a shirt. William is a resident in our facility who had a stroke, which left him aphasic expressive with right side hemi paresis, however he did not allow this obstacle to stop him. William like countless others was once a hard worker with little time for recreational activities. After a remarkable therapy regime he has been able to use his left hand to create an abundance of arts and crafts. He indulged in this new hobby after receiving treatment for his stroke condition. Whether it is making a stool out of straw or drawing a picture then painting it, his creations have marveled many. He is grateful for the use of his left hand to develop artistic items, which bring pleasure to others.

At this point in his retirement he has the necessary leisure time as well as patience to engage in artistic tasks. His self worth has been enhanced after completion of numerous projects that are proudly displayed in a showcase at Marcus Garvey Nursing Home in the heart of Brooklyn. He shares his gift with others by creating paintings or gluing 500 piece puzzles to cardboard to be mounted on the walls in the rooms of his peers. The Activities Department encourages such talent by providing instruction or acquiring the materials needed for each project. The Administration and entire staff are proud of his triumphs and look forward to his next project. This resident attests to the fact residents aren't just the reason for nursing homes but they *are* the nursing home!



In April of 2007, INSPIRIS will implement its CarePlus Nurse Practitioner program at Ross Health Care, a 135- bed skilled nursing facility in Brentwood, Long Island. The INSPIRIS CarePlus program provides an additional level of care to long term care nursing home residents. INSPIRIS nurse practitioners work with the facility staff and attending physicians to create a comprehensive treatment plan for program members- a plan that considers their general health status, their unique medical conditions, and their expressed advance directives. The care team brings an intensive combination of preventive and primary care, as well as enhanced family communication for the participants.

INSPIRIS' philosophy is based on the knowledge that a great deal of patients' clinical needs can be delivered at the bedside within the nursing facility. Doing so is beneficial to the residents and to the family as a whole. A relationship with INSPIRIS is also financially beneficial to the facility and can have a positive effect on census by decreasing unnecessary hospitalizations and thus the likelihood of residents lost to expiring bed-holds.

If you are interested in learning more about INSPIRIS, please contact Shelly Gorelin, Director of Network Development at 212.809.0500.

### NYHCA Announces New Features on website.

Visit us at www.nyhca.com

- Need to know if an NYHCA facility provides a certain service? You can search the NYHCA web-site by service and location.
  - Get recent and past issues of Direct Link.
  - View our Interactive Location Map of Facilities.

## Southern New York Association

April 12, 2007 conference

# Medicare: Updates and Trends for 2007

Includes speakers from CMS, National Government Services (formerly Empire Medicare Services) and IPRO

> Please visit our website for more details: www.snya.org